

CURRICULUM VITAE

Atefeh Ahmadi

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PERSONAL DETAILS

Date and Place of Birth: 1981, Kerman, Iran

Gender: Female

Married, 2 children

ACADEMIC QUALIFICATIONS

2015: Doctor of Philosophy (Guidance and Counselling)

Title of Thesis: Effectiveness of Eclectic Therapy for Middle Childhood Anxiety Disorders in Primary Schools

2007: Doctor of Medicine

Title of Thesis: The factors lead to hospitalization in the relapse of Bipolar Disorder

Kerman Medical University, Kerman, Iran

ACADEMIC AND PROFESSIONAL POSITION

2008-2011: Medical practitioner in Ghaem Hospital Bardsir, private clinics, Kerman, Iran

2015 until now: Assistant professor in Kerman University of Medical Sciences, Kerman, Iran

2016 until 2018: Head of international students' office, Directorate of international relations, Kerman University of Medical Sciences, Kerman, Iran

2015 until now: Children Psychotherapist in Shahid Beheshti Psychiatry Hospital, Kerman University of Medical Sciences, Kerman, Iran

2018 until now: Head of student research committee of Razi faculty, Kerman University of Medical Sciences, kerman, Iran

2018 until now: member of ethics group in Kerman University of Medical Sciences

2018 until now: member of Social Determinants in Health (SDH) research centre

2017 until now: member of Nursing Research Centre

2017 until now: member of counselling committee of Razi Nursing and Midwifery faculty

2018 until now: member of internal evaluation committee of Razi Nursing and Midwifery faculty

PAPERS (JOURNALS/CONFERENCES/SEMINARS)

- 1) Atefeh Ahmadi, Mohamed Sharif Mustaffa, and Nooshin Parvaresh. Some Factors Lead to Hospitalization and Relapse of Bipolar Disorders. *Adv. Sci. Lett.* 19, 3059-3062 (2013).
- 2) Niloufar Tahghighi Ahmadi, Sharif Mustaffa, Atefeh Ahmadi. The Barriers of Enhancing Creativity Developed by Parents in Developing Countries. *Procedia - Social and Behavioral Sciences*, Volume 114, 21 February 2014, Pages 257-261.
- 3) Atefeh Ahmadi, Mohamed Sharif Mustaffa, Norhidayah Daud, Niloufar Tahghighi Ahmadi, Solution Focused Brief Therapy in Group for married couples in divorce likelihood. South east psychology conference (2012).
- 4) Atefeh Ahmadi, Mohamed Sharif Mustaffa, Ali Akbar Haghdoost, Masoumeh Alavi. Mindfulness and Related Factors among Undergraduate Students, *Procedia - Social and Behavioural Sciences*, Volume 159, 23 December 2014, Pages 20-24.
- 5) Ahmadi, A., Mustaffa, M. S., Haghdoost, A., Khan, A., & Latif, A. A. (2015). Cross-cultural adaptation of the Spence Children's Anxiety Scale in Malaysia. *Trends in psychiatry and psychotherapy*, 37(1), 37-41.
- 6) Atefeh Ahmadi, Sharif Mustaffa (2014). Anxiety level in Malay Rural Children: A cross sectional study. 1st International Education Postgraduate Seminar (IEPS2014).
- 7) Ahmadi, A., Mustaffa, M. S., Khan, A. (2015). Anxiety Disorders among primary school students and psycho educational approach through educational settings. 1st International Conference on Educational Studies (ICES-2015).
- 8) Ahmadi, A., Mustaffa, M.S., Haghdoost, A., Udin, A. (2015). DSM-IV Defined Middle Childhood Anxiety Disorder Symptoms in Malaysian Children based on Spence Children's Anxiety Scale, *Trends in Psychiatry and Psychotherapy*, 38(1), 14-22.

- 9) Ahmadi, A., Mustaffa, M.S. (2015). Developing an Integrated Art and Cognitive Behaviour Therapy Program for Approach to Paediatric Anxiety Disorders. International Journal of Fundamental Psychology and Social Sciences, 5 (3) 23-27.
- 10) Ahmadi, A. (2016). Mindfulness among students: The Impact of Faculty and Demography in Malaysia. Springer Singapore.
- 11) Ahmadi, Atefeh; Mustaffa, Mohamed Sharif; Haghdoust, AliAkbar and Mansor, Syed Mohamed Shafeq. Eclectic approach to anxiety disorders among rural children. Trends Psychiatry Psychother. . 2017, vol.39, n.2, pp.88-97.
- 12) Atefeh Ahmadi (2016). Eclectic approach to obstetrical problems and application of Multiple Intelligence Theory. First national congress of counselling in midwifery, Tehran, Iran.
- 13) Nur Hamizah Hj Ramli, Masoumeh Alavi *, Seye Abolghasem Mehrinezhad, Atefeh Ahmadi (2018). Academic Stress and Self-Regulation among University Students in Malaysia: Mediator Role of Mindfulness. Behavioral Sciences. 2018, 8, 12; doi: 10.3390/bs8010012.
- 14) Tajabadi Fatemeh, Ahmadi Atefeh*, Forouzi Mansore, Ahmadi Zhila Soltan, Jahani Younes, Najafi Kazem, Bafghi Mohammad Javad Akbarian (2018). The Effect of Adlerian Group Counseling on the Level of Assertiveness among Midwifery Students in Clinical Setting. Indian Journal of Forensic Medicine & Toxicology, 12(2). 10.5958/0973-9130.2018.00105.6
- 15) Abazarnejad Tayebbeh, Atefeh Ahmadi*, Esmat Nouhi, Mirzai Moghadameh, Atghai Monavvareh (2019). The Effectiveness of Psycho-educational Counselling on Anxiety in Preeclampsia. Trends in Psychiatry and Psychotherapy. <http://dx.doi.org/10.1590/2237-6089-2017-0134>

16) Nezhat Javid, Atefeh Ahmadi*, Mirzaei M., Atghaei M. (2019). Effectiveness of solution-focused group counselling on midwifery students' mental health. *Revista Brasileira de Ginecologia e Obstetrícia*. 41(8):500-507. doi: 10.1055/s-0039-1693741

AWARDS

Best PhD Student Award (2016), Universiti Teknologi Malaysia, Johor.

Best VIVA presentation PhD student (2015), Universiti Teknologi Malaysia, Johor.

Excellence achievement during PhD study (2015), Universiti Teknologi Malaysia, Johor.